



Potty and Toilet Training Policy



The
Little Green Frog
Nursery & Pre-School

At The Little Green Frog Nursery, we understand that potty training is a significant developmental milestone and that every child will approach it in their own time and at their own pace. We are committed to supporting each child and their family through this stage in a respectful, stress-free, and child-led manner.

Our Approach

- We follow a **child-led approach** to potty training, recognising that children are ready at different times and should not be rushed or pressured.
- Our practice is informed by ERIC guidance, ensuring that the process is **gentle, supportive, and non-judgemental**.
- There is **no judgement for accidents**, whether during potty training or afterwards, as we know this is part of learning.

Starting Potty Training

- Potty training should ideally begin **at home** and be well established before being introduced at nursery.
- We advise **waiting at least a couple of months** after a major change or life event (e.g. moving rooms in nursery or the arrival of a new sibling) before beginning potty training.

Facilities and Equipment

- The nursery provides **child-sized toilets** and potties. Children are encouraged to use whichever they feel most comfortable with.
- Families are welcome to bring a **familiar potty from home** to help ease the transition.

Toileting Routines

- Children will be gently encouraged to use the potty or toilet **every 20 to 30 minutes**, but **we will never force a child** to go. If they decline, we will respect their choice.
- Children are supported throughout the day and given lots of praise and encouragement for their efforts.

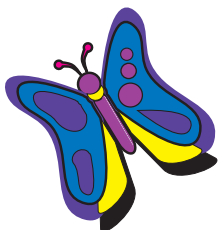
Clothing Requirements

- During potty training, children should wear clothes that they can **easily pull up and down** themselves. Ideal options include:
 - Loose-fitting trousers or leggings
 - Easy-wash shoes such as Crocs





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- Please **avoid sending children in:**

- Dungarees
- Jeans
- Trousers with belts or complicated fastenings



- Please put your child's name in their clothes, we cannot guarantee that unnamed clothing will return to you but you may find it in the lost property box.

Managing Accidents

- We expect accidents during the learning process and treat them with **sensitivity and discretion**.
- Parents are asked to pack **plenty of spare clothing**, including underwear, socks, and extra shoes if possible.
- Soiled clothing (unless heavily soiled, in which case it will be disposed of) will be placed in a **nappy sack** and returned home in the child's bag at the end of the day.



Working in Partnership with Parents

- Your child's **care bear** will maintain regular communication with you about your child's progress and any concerns.
- We do not record every trip to the toilet when a child is potty training. Parents will be able to gauge how many accidents their child has had by the amount of wet or soiled clothing sent home. Your child's care bear will be able to offer a general overview of how willing your child was to use the potty or toilet that day but will not provide a detailed breakdown of each attempt.
- If a child is still having **frequent accidents after 6–8 weeks**, we may recommend pausing potty training and trying again after a break.



Independence and Privacy

- As children become confident and independent in using the toilet, their **privacy and dignity** will be respected.
- Staff will be nearby to **offer help if needed** but will not intrude unless asked or required for safety or hygiene.

We are here to support both you and your child through this important stage with compassion and care. If you have any questions or need support with potty training at home, please speak with your child's care bear or the care bear manager for your family.

